Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered ServicesCoverage Period: 01/01/2023- 12/31/2023Montana Credit Union League Group Benefits Trust Employee Health Benefit Plan: Garnet HDHPCoverage for: Employee + Dependent Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call **1-866-268-3622** or visit www.ebms.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$3,200 per covered person \$6,400 per family unit	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Medical: \$3,200 per covered person or \$6,400 per family unit. <u>Prescription drugs</u> : \$1,450 per covered person or \$2,900 per family unit.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Prescription drug expenses (maximum out-of- pocket, <u>coinsurance</u> , <u>copayments</u> , discounts or coupons), <u>premiums</u> , <u>balance billing</u> charges (unless <u>balance billing</u> is prohibited), amounts over allowable claim limits, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.ebms.com</u> or call 1-866-268- 3622 for a list of <u>network providers</u> .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

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All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a <u>**deductible**</u> applies.

Common Medical Event	Services You May Need	What You V Network Provider	Non-Network Provider	Limitations, Exceptions, & Other Important	
	Primary care visit to treat an injury or illness	(You will pay the least) (You will pay the most) 0% <u>coinsurance</u> , after <u>deductible</u>		Alternative care (includes acupuncture, acupressure, massage therapy, and spinal manipulation/chiropractic services) is limited to \$750 combined per calendar	
	<u>Specialist</u> visit	0% <u>coinsurance</u> , a	ifter <u>deductible</u>	year.	
If you visit a health care <u>provider's</u> office or clinic	HealthJoy Telemedicine	\$25 consultation fee		The consultation fee may be waived if permitted under applicable law. Call HealthJoy toll-free at (877) 500- 3212 or (855) 947-6900, or access their webpage at www.HealthJoy.com for additional information.	
	Preventive care/ screening/ immunization	No cha	rge	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	0% <u>coinsurance</u> , after <u>deductible</u>		None	
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www.mysmithrx.com</u> or by calling Smith Rx toll-free (844) 454-5201.	Generic drugs	 1-30-day supply (retail/mail order) \$10 <u>copayment</u>/prescription 31-90-day supply (retail/mail order \$20 <u>copayment</u>/prescription):	<u>Copayments</u> applies after the medical <u>deductible</u> of this <u>plan</u> is met.	
	Preferred brand drugs	 1-30-day supply (retail/mail order): \$25 <u>copayment</u>/prescription 31-90-day supply (retail/mail order \$50 <u>copayment</u>/prescription 	30-day supply:): 50% <u>coinsurance</u>	Dispense as written penalty: If a brand name drug is requested by the covered person instead of a generic drug (and a generic drug is available), the covered person will be responsible for the difference in cost	
	Non-preferred brand drugs	 1-30-day supply (retail/mail order): \$50 <u>copayment</u>/prescription 31-90-day supply (retail/mail order): \$100 <u>copayment</u>/prescription 		(between generic and applicable brand name drug) in addition to the applicable brand name drug <u>copayment</u> .	
	Specialty drugs	\$100 copayment/prescription	Not covered	Limited to a 30-day supply/prescription & requires purchase through the specialty pharmacy program. Only first fill will be eligible through the retail pharmacy.	

Common	Services You May Need	What You	Will Pay	Limitations Europáisne 9 Other luce entert	
Common Medical Event		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
lf you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% coinsurance, after deductible		Pre-certification of an outpatient surgical procedure is required prior to service.	
	Physician/surgeon fees	0% <u>coinsurance</u> ,	after <u>deductible</u>	None	
If you need	Emergency room care	0% <u>coinsurance</u> ,	after <u>deductible</u>	Pre-certification of an inpatient admission from the Emergency Room is required.	
immediate medical attention	Emergency medical transportation	0% <u>coinsurance</u> ,	after <u>deductible</u>	None	
	Urgent care	0% <u>coinsurance</u> ,	after <u>deductible</u>	None	
If you have a	Facility fee (e.g., hospital room)	0% <u>coinsurance</u> ,	after deductible	Pre-certification of an inpatient admission is required prior to service.	
hospital stay	Physician/surgeon fees	0% <u>coinsurance</u> ,	after <u>deductible</u>	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	0% <u>coinsurance</u> , after <u>deductible</u>		None	
	Inpatient services	0% <u>coinsurance</u> , after <u>deductible</u>		Pre-certification of an inpatient admission is required prior to service.	
lf you are pregnant	Office visits	0% coinsurance, after <u>deductible</u>		Cost sharing does not apply to certain preventive	
	Childbirth/delivery professional services	0% <u>coinsurance</u> ,		services. Maternity care may include tests and services described elsewhere in the SBC (e.g.	
	Childbirth/delivery facility services	0% <u>coinsurance</u> ,	after <u>deductible</u>	ultrasound). Pre-certification of a routine maternity admission that exceeds 48 hours following a vaginal delivery or 96 hours following a cesarean section delivery is required.	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
If you need help recovering or have other special health needs	Home health care	0% coinsurance, after deductible		Coverage is limited to 180 visits/calendar year. Pre-certification is required prior to service.	
	Rehabilitation services Habilitation services	0% <u>coinsurance</u> , after <u>deductible</u>		Inpatient Rehabilitation therapy is limited to 30 days/calendar year.	
	Skilled nursing care	0% coinsurance, after deductible		Coverage is limited to 60 days/calendar year. Pre-certification is required prior to service.	
	Durable medical equipment	0% coinsurance, after deductible		Pre-certification of DME over \$2,000 is required.	
	Hospice services	0% <u>coinsurance</u> , after <u>deductible</u>		Coverage is limited to up to 6 months per 3 calendar years. Pre-certification is required prior to service.	
	Children's eye exam	Not covered		Vision coverage may be available as a separate election.	
If your child needs dental or eye care	Children's glasses	Not covered			
	Children's dental check-up	No charge		Up to age 19, coverage is limited to 2 exams and cleanings per calendar year.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
Bariatric surgery	Infertility treatment	Private-duty nursing			
Cosmetic surgery	Long-term care	Routine eye care (Adult)			
Hearing aids	 Non-emergency care when traveling outside the U.S. 	Weight loss programs			
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)					
• Acupuncture (\$750 calendar year maximum, combined with acupressure, massage therapy and spinal manipulation/chiropractic services)	• Chiropractic care (\$750 calendar year maximum, combined with acupuncture, acupressure and massage therapy)	 Dental care (Adult) (\$100/calendar year) Routine foot care (1 pair custom foot orthotics/calendar year, including impression casting for orthotic appliances, padding, strapping and fabrication) 			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthcarereform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace. For more information about the http://www.dol.gov/ebsa/healthcarereform. For more information about the Marketplace. For more information about the http://www.dol.gov/ebsa/healthcarereform.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthcarereform</u>. Additionally, a consumer assistance program can help you file your appeal. Contact your state's program if available at: <u>http://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al **1-866-268-3622**. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa **1-866-268-3622**. Chinese (中文): 如果需要中文的帮助, **请拨打这个号码 1-866-268-3622**. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' **1-866-268-3622**.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,200 0% 0% 0%	 The <u>plan's</u> overall <u>deductible</u> <u>Primary care physician coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,200 0% 0% 0%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$3,200 0% 0% 0%
This EXAMPLE event includes services li <u>Specialist</u> office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood work</i> <u>Specialist</u> visit (<i>anesthesia</i>)		This EXAMPLE event includes services like:Primary care physicianoffice visits (including diseaseeducation)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$3,200	Deductibles	\$3,200	Deductibles	\$2,800
Copayments	\$10	Copayments	\$310	Copayments	\$0
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$3,270	The total Joe would pay is	\$3,530	The total Mia would pay is	\$2,800