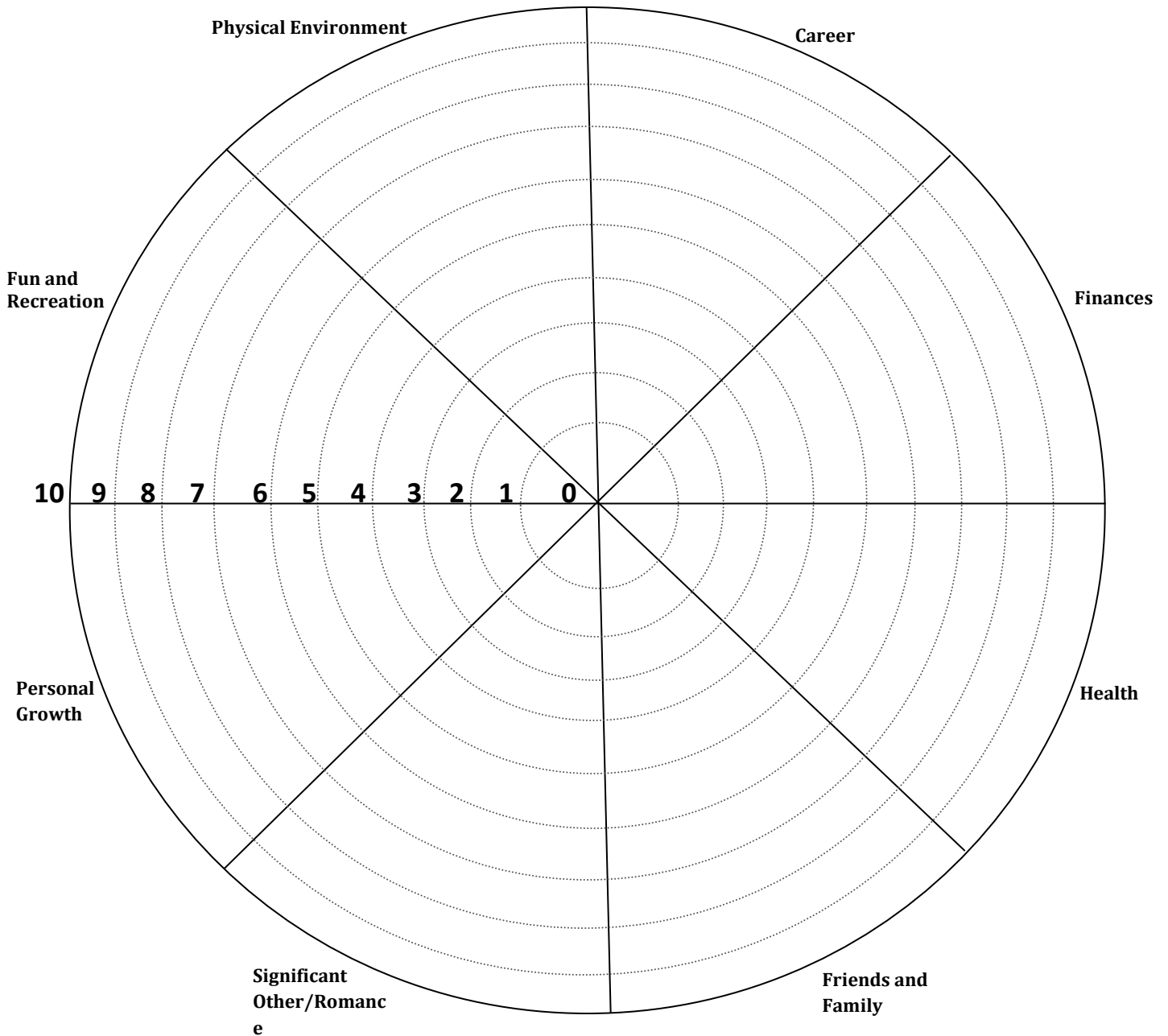


# Wheel of Life



To complete the Wheel of Life exercise, please indicate your current satisfaction level in each of the eight (8) categories listed above. "0" is highly dissatisfied. "10" is highly satisfied. Make an "arc mark" for each category. Connect the arcs. What stands out to you?