

# Values Clarification

Using the list below select your top six values. To help clarify, you may ask yourself: *Is this who I am when I am at my best? Does this value help me make hard decisions?* Feel free to add to the list!

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|--------------------|---------------------|----------------------|-------------------------|
| Acceptance         | Diversity           | Intention            | Respect                 |
| Accountability     | Efficiency          | Job security         | Responsibility          |
| Accuracy           | Environment         | Joy                  | Risk-taking             |
| Achievement        | Equality            | Justice              | Security                |
| Activism           | Ethics              | Kindness             | Self-discipline         |
| Adaptability       | Excellence          | Knowledge            | Self-expression         |
| Advancement        | Fairness            | Leadership           | Selflessness            |
| Adventure          | Faith               | Learning             | Self-respect            |
| Aesthetics         | Family              | Legacy               | Serenity                |
| Altruism           | Financial stability | Leisure              | Service                 |
| Ambition           | Flexibility         | Location             | Simplicity              |
| Artistic           | Forgiveness         | Love                 | Spirituality            |
| Authenticity       | Freedom             | Loyalty              | Stability               |
| Authority          | Friendship          | Making a difference  | Status                  |
| Balance            | Fun                 | Nature               | Stewardship             |
| Beauty             | Future generations  | Openness             | Strength                |
| Being a good sport | Generosity          | Optimism             | Success                 |
| Being the best     | Giving back         | Order                | Teamwork                |
| Belonging          | Grace               | Organization         | Thrift                  |
| Boldness           | Gratitude           | Parenting            | Time                    |
| Career             | Growth              | Patience             | Tolerance               |
| Caring             | Happiness           | Patriotism           | Tradition               |
| Challenge          | Harmony             | Peace                | Travel                  |
| Collaboration      | Health              | Perseverance         | Trust                   |
| Comfort            | Heritage            | Personal fulfillment | Trustworthiness         |
| Commitment         | Home                | Playfulness          | Understanding           |
| Community          | Honesty             | Pleasure             | Uniqueness              |
| Compassion         | Hope                | Poise                | Usefulness              |
| Competence         | Humility            | Popularity           | Variety                 |
| Competition        | Humor               | Power                | Vision                  |
| Confidence         | Impact              | Prestige             | Vulnerability           |
| Control            | Inclusion           | Pride                | Wealth                  |
| Cooperation        | Independence        | Purpose              | Wellbeing               |
| Courage            | Influence           | Recognition          | Wholeheartedness        |
| Creativity         | Initiative          | Reliability          | Wisdom                  |
| Curiosity          | Integrity           | Religious beliefs    | <b>Add to the list:</b> |
| Determine          | Intelligence        | Reputation           | _____                   |
| Dignity            | Intuition           | Resourcefulness      | _____                   |