

# Fiscal Fitness

## Street-Smart Secrets For Saving Some Cash

Would a little stash of money come in handy sometimes? Maybe you could use it for a personal indulgence, a gift, or a helping hand to family or a friend.

Here's some tips on how to put some cash aside and never miss it.

1. Never spend one dollar bills (except for an occasional waitress or waiter tip). At the end of the day, stick the one dollar bills in an envelope. You'll accumulate dollars fast.
2. Toss your change into a can at the end of the day. Wrap it up in rolls and cash it when you get \$100 or more accumulated.
3. Instead of using an ATM whenever it's convenient, budget an amount of cash you'll need for the week and put in in an envelope, grabbing a few \$20 or \$10 bills as you need them. Include all food and entertainment in that budget amount. When you're out of money, that's it for the week. If there is any left over, toss those bills in with your one dollar bills.
4. Pick an amount for a specific goal and spend it all without guilt. Then start over.